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| 1**H**1.0079 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 2**He**4.0026 |
| 3**Li**6.941 | 4**Be**9.0123 |  |  |  |  |  |  |  |  |  |  | 5**B**10.81 | 6**C**12.011 | 7**N**14.007 | 8**O**15.999 | 9**F**18.998 | 10**Ne**20.179 |
| 11**Na**22.990 | 12**Mg**24.305 |  |  |  |  |  |  |  |  |  |  | 13**Al**26.982 | 14**Si**28.085 | 15**P**30.974 | 16**S**32.06 | 17**Cl**35.453 | 18**Ar**39.948 |
| 19**K**39.089 | 20**Ca**40.08 | 21**Sc**44.956 | 22**Ti**47.88 | 23**V**50.942 | 24**Cr**51.996 | 25**Mn**54.938 | 26**Fe**55.847 | 27**Co**58.933 | 28**Ni**58.69 | 29**Cu**63.546 | 30**Zn**65.38 | 31**Ga**69.72 | 32**Ge**72.59 | 33**As**74.92 | 34**Se**78.96 | 35**Br**79.904 | 36**Kr**83.80 |
| 37**Rb**85.468 | 38**Sr**87.62 | 39**Y**88.91 | 40**Zr**91.224 | 41**Nb**92.906 | 42**Mo**95.94 | 43**Tc**(98) | 44**Ru**101.07 | 45**Rh**102.906 | 46**Pd**106.42 | 47**Ag**107.87 | 48**Cd**112.411 | 49**In**114.82 | 50**Sn**118.69 | 51**Sb**121.75 | 52**Te**127.60 | 53**I**126.91 | 54**Xe**131.29 |
| 55**Cs**132.91 | 56**Ba**137.33 | 57**La**138.91 | 72**Hf**178.49 | 73**Ta**180.95 | 74**W**183.85 | 75**Re**186.207 | 76**Os**190.2 | 77**Ir**192.22 | 78**Pt**195.08 | 79**Au**196.97 | 80**Hg**200.59 | 81**Tl**204.38 | 82**Pb**207.2 | 83**Bi**208.98 | 84**Po**(209) | 85**At**(210) | 86**Rn**(222) |
| 87**Fr**(223) | 88**Ra**226.025 | 89**Ac**(227) | 104**Rf**(261) | 105**Db**(262) | 106**Sg**(263) | 107**Bh**(262) | 108**Hs**(265) | 109**Mt**(266) | 110**Ds** (281.16) | 111**Rg**(280.16) | 112**Cn**(285.17) | 113**Nh**(284.18) | 114**Fl**(289.19) | 115**Mc**(288.19) | 116**Lv**(293) | 117**Ts**(294) | 118**Og**(294) |

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| 58**Ce**140.12 | 59**Pr**140.91 | 60**Nd**144.24 | 61**Pm**(145) | 62**Sm**150.36 | 63**Eu**151.97 | 64**Gd**157.25 | 65**Tb**158.93 | 66**Dy**162.50 | 67**Ho**164.93 | 68**Er**167.26 | 69**Tm**168.93 | 70**Yb**173.04 | 71**Lu**174.97 |
| 90**Th**232.04 | 91**Pa**231.04 | 92**U**238.03 | 93**Np**(237) | 94**Pu**(244) | 95**Am**(243) | 96**Cm**(247) | 97**Bk**(247) | 98**Cf**(251) | 99**Es**(252) | 100**Fm**(257) | 101**Md**(258) | 102**No**(259) | 103**Lr**(260) |